

### DID YOU KNOW THAT...

- Food is the largest type of waste going into municipal landfills and incinerators.
- 36 million tons of food ends up in landfills or is combusted each year.
- The average family throws away 20 pounds of food per person every month! This averages to 25% of your grocery bill.

### ARE YOU INTERESTED IN HELPING LINCOLN COUNTY CUT DOWN ON ITS WASTE?

Drop your food scraps off at the Waldoboro / Friendship / Cushing Transfer Station and get compost in return!

### GETTING STARTED IS EASY!

Just bring in your acceptable food scraps to the Waldoboro / Friendship / Cushing Transfer Station.

### WHAT DO I NEED TO DO?

Participants will be asked to collect their food scraps in a bucket and bring them to the Waldoboro / Friendship / Cushing Transfer Station



The 'Big Four' of composting:

- 1) Use 1 part BROWNS (carbon),
- 2) Use 2 parts GREENS (nitrogen),
- 3) Make sure your pile doesn't dry out (add wa-

Waldoboro, Friendship,  
Cushing

Transfer Station

885 N. Nobleboro Rd  
Waldoboro, Maine

Phone: 207-832-7850

Transfer Station Hours:

Tuesday thru Saturday  
10:00 A.M. – 3:45 P.M



Waldoboro Transfer Station

Partners' Guide to  
**compost**

Working Together for Safe,  
Clean Communities



# Acceptable "GREEN" Materials - 2 Parts

- **ALL FRUITS AND VEGETABLES** - Includes all types of fruits (fresh, canned, dried), fruit and vegetable peels, skins, and rinds.
- **EGG SHELLS & COOKED EGGS** - No raw eggs.
- **GRAINS, BREADS, & PASTA** - Includes dough, bakery items, oatmeal, rolls, and all types of pasta.
- **CHEESES** - All types of hard cheeses, most soft or cooked (ie. pizza) - NO cottage cheese, cheese sauce, or liquids.
- **SEAFOOD & SHELLS** - Includes all kinds of seafood and their shells - lobster, clams, oysters, etc.
- **TRIMMINGS (FLORAL, GRASS, WEEDS)** - Includes cut and dried flowers, houseplants, fresh green grass clippings, and plant trimmings (no pesticides or weed killers).
- **COFFEE GROUNDS, PAPER FILTERS, & TEA BAGS**
- **NUTS AND SHELLS**



# Acceptable "BROWN" Materials - 1 Part

- **LEAVES and PINE NEEDLES**
- **SAWDUST**



# MATERIALS TO AVOID

- **NO LIQUIDS!!** Will putrefy all other contents in bucket and smell bad!
- **NO DAIRY** (other than cheeses) - Including milk, soy milk, yogurt, sour cream, ice cream, and juice.



- **NO BONES** - Very slow to decompose, can attract pests.
- **NO FATTY, OILY, or GREASY FOODS** - Slow to decompose, will putrefy and smell bad.
- **NO RAW MEAT or RAW FISH PRODUCTS.**

